



**CIRCLE
OF EXCELLENCE 2025**



Barbara Ann Paredes

Circle of Excellence

Barbara Paredes is a clinical nurse VI at Memorial Hermann Memorial City Hospital in Houston. Barbara is neuro ICU chair of the Hospital-Acquired Pressure Injury (HAPI) Study Program. She established a neuro HAPI team composed of herself and three staff

nurses invested in HAPI prevention. During the early phases of the program, Barbara guided the neuro HAPI team in the identification of ineffective factors in wound care on the unit. Using an evidence-based concept, a multifaceted action plan was developed to improve clinical practice. This plan resulted in improved communication in the neuro unit about wound care. Through these measures, the neuro unit has instituted best practices for wound care, improved the interdisciplinary team's knowledge of pressure injuries, and committed to a 50% reduction in unit-acquired pressure injuries for fiscal year 2024.